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1) Medicines optimisation: the safe and effective use of medicines to enable the best possible outcomes

New and Updated Cochrane Systematic Reviews

1) Buprenorphine for treating cancer pain

2) Surgical versus non-surgical interventions in people with adolescent idiopathic scoliosis

3) Tramadol for postoperative pain treatment in children

4) Psychological therapies (remotely delivered) for the management of chronic and recurrent pain in children and adolescents

5) Corticosteroids for the management of cancer-related pain in adults

6) Quinine for muscle cramps.
7) Selective serotonin reuptake inhibitors (SSRIs) and serotonin-norepinephrine reuptake inhibitors (SNRIs) for the prevention of migraine in adults.

8) Mind and body therapy for fibromyalgia.

Practice changing research, sourced from Dynamed

9) Peripheral neuropathy

Updated 2015 Apr 20: Tricyclic antidepressants, serotonin-noradrenaline reuptake inhibitors, pregabalin, and gabapentin appear to have moderate effectiveness in patients with neuropathic pain (Lancet Neurol 2015 Feb) view update

10) Migraine prophylaxis in adults

Updated 2015 Apr 16: Selective serotonin reuptake inhibitors and serotonin-norepinephrine reuptake inhibitors have limited evidence to evaluate efficacy in migraine prophylaxis in adults (Cochrane Database Syst Rev 2015 Apr 1) view update

11) Migraine in children and adolescents

Updated 2015 Apr 23: Metoclopramide (compared with prochlorperazine), and addition of diphenhydramine to metoclopramide or dopamine antagonist associated with increased risk of return emergency department visit within 3 days in children and adolescents with acute migraine (Pediatrics 2015 Feb) view update

Other Sources

12) Noninvasive Sphenopalatine Ganglion Block for Acute Headache in the Emergency Department: A Randomized Placebo-Controlled Trial.

13) Efficacy and safety of paracetamol for spinal pain and osteoarthritis: systematic review and meta-analysis of randomised placebo controlled trials.

14) Evaluation of Stepped Care for Chronic Pain (ESCAPE) in Veterans of the Iraq and Afghanistan Conflicts: A Randomized Clinical Trial.

15) Randomized controlled trial of gabapentin as an adjunct to perioperative analgesia in total hip arthroplasty patients.

16) Perineural steroids for trauma and compression-related peripheral neuropathic pain: a systematic review and meta-analysis.

17) Transcranial direct current stimulation as a treatment for patients with fibromyalgia: a randomized controlled trial.
Pain in the news – media stories explained

18) Paracetamol may blunt feelings of pleasure as well as pain

19) Paracetamol 'not effective' for lower back pain or arthritis

20) Crossing your fingers may help reduce pain

21) Is long-term paracetamol use not as safe as we thought?

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22) Prevalence of vitamin D deficiency in patients presenting with low back pain in an outpatient setting

23) Association of myeloma treatment on health outcomes following vertebroplasty: A pipe dream?

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Clinical Journal of Pain
Continuing Education in Anaesthesia, Critical Care & Pain
European Journal Of Pain
Headache: The Journal of Head & Face Pain
Journal of Headache & Pain
Journal of Pain and Symptom Management
Pain
Pain Medicine
Pain Physician
Regional Anesthesia & Pain Medicine

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